

Course: 6th, 7th & 8th Grade Physical Education

Length: Two Semesters

John Muir Middle School

COURSE OUTLINE

Major Areas of Instruction:

Falcon Fitness Frenzy

Football

Pickle Ball

Soccer

Hockey

Nutrition

Dance

Basketball

Swimming

Frisbee

Softball

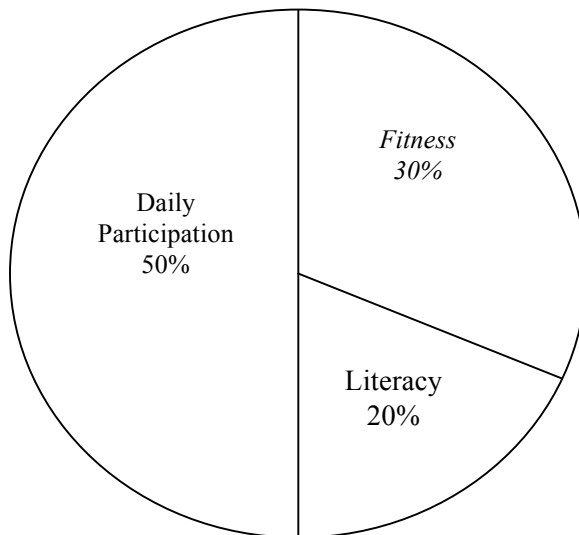
Activities are subject to change.

Attendance:

- Students will be expected to complete an assignment if absent for 3 or more days of a unit.
- Students must see teacher to make-up written assignments or tests when absent.

Grading:

Grade weighting:



Letter grade scale:

A+ = 100%

A = 93 – 99 %

A - = 90 – 92 %

B + = 87 – 89 %

B = 83 – 86 %

B - = 80 – 82 %

C + = 77 – 79 %

C = 73 – 76 %

C - = 70 – 72 %

D + = 67 – 69 %

D = 63 – 66 %

D - = 60 – 62 %

F = 59 % or lower