



## OFFICE OF PARENT EDUCATION AND INVOLVEMENT

The Office of Parent of Education and Involvement has assembled together a bibliography and other resources for parents, students, and educators of the San Jose Unified School District community.

La Oficina de Educación y Participación de Padres ha recopilado una bibliografía y otros recursos para padres, estudiantes y educadores de la comunidad del Distrito Escolar Unificado de San José.

### **Libros en español**

*Manual para padres : Socorro! Que hacer cuando tu hijo de 2 a 5 anos tiene rabietas, muerde a sus amiguitos, interrumpe la conversaciones, dice palabrotas, ... De Respuestas Rapidas) (Spanish Edition) (Paperback)*, por Gail Reichlin y Caroline Winkler- <http://www.amazon.com/Manual-para-padres-interrumpe-conversaciones/dp/8497540212>

*¡Estoy furioso! Cómo tratar la cólera y agresividad- Niños de 3 a 7 por Heike Baum*  
<http://openlibrary.org/b/OL13361656M/Estoy-Furioso>

*Cómo Hablar Para Que Sus Hijos Le Escuchen Y Cómo Escuchar Para Que Sus Hijos Le Hablen por Elaine Mazlish; Adele Faber.*  
<http://www.amazon.com/Como-Hablar-para-Ninos-Escuchen/dp/0060730889>

*La Crianza Práctica de los hijos-*Una guía paso a paso para formar hijos responsables y hogares felices por Dr. Ray Burke <http://www.amazon.com/gp/product/0938510940>

*Dónde están las instrucciones para criar a los hijos? Por Dra. Isabel Gomez-Bassols*  
<http://www.amazon.com/Donde-Estan-Las-Instr-Instrucciones/dp/1575667487>

*Como Desarrollar LA Autoestima De Tu Hijo (Spanish Edition) (Paperback)*  
by S. Clark (Author)  
[http://www.amazon.com/Como-Desarrollar-Autoestima-Hijo-Spanish/dp/849754045X/ref=sr\\_1\\_2?ie=UTF8&s=books&qid=1238526705&sr=1-2](http://www.amazon.com/Como-Desarrollar-Autoestima-Hijo-Spanish/dp/849754045X/ref=sr_1_2?ie=UTF8&s=books&qid=1238526705&sr=1-2)

**Limites Con Los Adolescentes Cuando Decir Si, Como Decir No** (Boundaries with Teens: How To Say Yes, How To Say No) (Spanish Edition) (Paperback)  
by John Townsend  
[http://www.amazon.com/Limites-Adolescentes-Cuando-Decir-Boundaries/dp/0829746293/ref=sr\\_1\\_1?ie=UTF8&s=books&qid=1238526770&sr=1-1](http://www.amazon.com/Limites-Adolescentes-Cuando-Decir-Boundaries/dp/0829746293/ref=sr_1_1?ie=UTF8&s=books&qid=1238526770&sr=1-1)

Ayude a su Hijo a Tener Exito en la Escuela Guia Especial para Padres Latinos/  
by Mariela Dabbah  
[http://www.amazon.com/Ayude-Escuela-Especial-Padres-Latinos/dp/1572485477/ref=pd\\_bxgy\\_b\\_img\\_b](http://www.amazon.com/Ayude-Escuela-Especial-Padres-Latinos/dp/1572485477/ref=pd_bxgy_b_img_b)

## **Libros sobre la universidades**

Ayude a sus hijos a triunfar en la escuela secundaria y llegar a la universidad (Help Your Children Succeed in High School and Go to College) (Guias Practicas) (Spanish Edition)  
by Mariela Dabbah  
[http://www.amazon.com/triunfar-secundaria-universidad-Children-Practicas/dp/1572486449/ref=sr\\_1\\_1?ie=UTF8&s=books&qid=1238527784&sr=1-1](http://www.amazon.com/triunfar-secundaria-universidad-Children-Practicas/dp/1572486449/ref=sr_1_1?ie=UTF8&s=books&qid=1238527784&sr=1-1)

Domina el SAT (Mass Market Paperback)  
by Kaplan  
[http://www.amazon.com/Domina-el-SAT-Kaplan/dp/0743266544/ref=sr\\_1\\_1?ie=UTF8&s=books&qid=1238528010&sr=1-1](http://www.amazon.com/Domina-el-SAT-Kaplan/dp/0743266544/ref=sr_1_1?ie=UTF8&s=books&qid=1238528010&sr=1-1)

El GED en espanol (Paperback)  
by McGraw-Hill's GED  
[http://www.amazon.com/McGraw-Hill-El-GED-en-espanol/dp/0071435131/ref=sip\\_rech\\_dp\\_3](http://www.amazon.com/McGraw-Hill-El-GED-en-espanol/dp/0071435131/ref=sip_rech_dp_3)

### **Videos en español**

The series of videos in Spanish are distributed through Madera Cinevideo 1 (800) 828-8118  
[www.spanishmultimedia.com](http://www.spanishmultimedia.com)

*Listos para Aprender*” Series of videos de "Soy tu Hijo" Consejos Prácticos Para Padres.  
[www.spanishmultimedia.com](http://www.spanishmultimedia.com)

*La Comida y Los Ejercicios Cuenta: Creado Hijos Saludables y Activos*, Series of videos de "Soy tu Hijo" Consejos Prácticos Para Padres.  
[www.spanishmultimedia.com](http://www.spanishmultimedia.com)

"Disciplina: Eseñando Límites con Amor" Series of videos de "Soy tu Hijo" Consejos Prácticos Para Padres.  
[www.spanishmultimedia.com](http://www.spanishmultimedia.com)

Los Primeros Años Cuentan para Siempre Series of videos de "Soy tu Hijo" Consejos Prácticos Para Padres.  
<http://www.spanishmultimedia.com/product-dvd.mcic?i=14837D>

## **Audios en espanol**

Habla Sobre El Desafio de Ser Padres (Spanish Edition) (Audio CD)  
[http://www.amazon.com/Habla-Sobre-Desafio-Padres-Spanish/dp/5557372776/ref=sr\\_1\\_1?ie=UTF8&s=books&qid=1238528369&sr=8-1](http://www.amazon.com/Habla-Sobre-Desafio-Padres-Spanish/dp/5557372776/ref=sr_1_1?ie=UTF8&s=books&qid=1238528369&sr=8-1)

El Regalo Del Tiempo (Spanish Edition) by Jorge Ramos (Audio CD - Oct 30, 2007)

[http://www.amazon.com/El-Regalo-Del-Tiempo-Spanish/dp/1933499532/ref=sr\\_1\\_1?ie=UTF8&s=books&qid=1238528435&sr=1-1](http://www.amazon.com/El-Regalo-Del-Tiempo-Spanish/dp/1933499532/ref=sr_1_1?ie=UTF8&s=books&qid=1238528435&sr=1-1)

La Crianza Practica de Los Hijos Audio CD (Spanish Edition) (Audio CD)

[http://www.amazon.com/Crianza-Practica-Hijos-Audio-Spanish/dp/188932289X/ref=sr\\_1\\_1?ie=UTF8&s=books&qid=1238528463&sr=1-1](http://www.amazon.com/Crianza-Practica-Hijos-Audio-Spanish/dp/188932289X/ref=sr_1_1?ie=UTF8&s=books&qid=1238528463&sr=1-1)

Como Criar Ninos Emocionalmente Sanos: Satisfaciendo Sus Cinco Necesidades Vitales Y Tambien Las De Los Padres! Edicion Actualizada AudioBook 4 CD's (Spanish Edition)

[http://www.amazon.com/Como-Criar-Ninos-Emocionalmente-Sanos/dp/0932767176/ref=sr\\_1\\_1?ie=UTF8&s=books&qid=1238528582&sr=1-1](http://www.amazon.com/Como-Criar-Ninos-Emocionalmente-Sanos/dp/0932767176/ref=sr_1_1?ie=UTF8&s=books&qid=1238528582&sr=1-1)

## **Parenting Books in English**

Building Moral Intelligence: The Seven Essential Virtues that Teach Kids to Do the Right Thing(target age 3-150, by Michelle Borba, Ed. D

[http://www.amazon.com/Building-Moral-Intelligence-Essential-Virtues/dp/0787962260/ref=sr\\_1\\_1?ie=UTF8&qid=1238528617&sr=1-1](http://www.amazon.com/Building-Moral-Intelligence-Essential-Virtues/dp/0787962260/ref=sr_1_1?ie=UTF8&qid=1238528617&sr=1-1)

How to Talk So Kids Will Listen & Listen So Kids Will Talk (Paperback), by Adele Faber (Author), Elaine Mazlish (Author)

<http://www.amazon.com/How-Talk-Kids-Will-Listen/dp/0380811960>

Totally Wired: What Teens and Tweens Are Really Doing Online, by Anastasia Goodstein

[http://www.amazon.com/Totally-Wired-Tweens-Really-Online/dp/B001F0RA0M/ref=sr\\_1\\_1?ie=UTF8&s=books&qid=1238528661&sr=1-1](http://www.amazon.com/Totally-Wired-Tweens-Really-Online/dp/B001F0RA0M/ref=sr_1_1?ie=UTF8&s=books&qid=1238528661&sr=1-1)

Cyber-Safe Kids, Cyber-Savvy Teens: Helping Young People Learn To Use the Internet Safely and Responsibly by Nancy E. Willard

[http://www.amazon.com/Cyber-Safe-Kids-Cyber-Savvy-Teens-Responsibly/dp/0787994170/ref=sr\\_1\\_1?ie=UTF8&s=books&qid=1238528686&sr=1-1](http://www.amazon.com/Cyber-Safe-Kids-Cyber-Savvy-Teens-Responsibly/dp/0787994170/ref=sr_1_1?ie=UTF8&s=books&qid=1238528686&sr=1-1)

Boundaries with Teens: How To Say Yes, How To Say No

by John Townsend

[http://www.amazon.com/Boundaries-Teens-When-Say-Yes/dp/0310270456/ref=sr\\_1\\_1?ie=UTF8&s=books&qid=1238528741&sr=1-1](http://www.amazon.com/Boundaries-Teens-When-Say-Yes/dp/0310270456/ref=sr_1_1?ie=UTF8&s=books&qid=1238528741&sr=1-1)

104 Activities That Build: Self-Esteem, Teamwork, Communication, Anger Management, Self-Discovery, Coping Skills (Paperback)

by Alanna E. Jones (Author)

[http://www.amazon.com/Activities-That-Build-Communication-Self-Discovery/dp/0966234138/ref=pd\\_sim\\_b\\_3](http://www.amazon.com/Activities-That-Build-Communication-Self-Discovery/dp/0966234138/ref=pd_sim_b_3)

Helping Your Angry Child: Worksheets, Fun Puzzles, and Engaging Games to Help You Communicate Better : A Workbook for You and Your Family (Paperback)

by Darlyne Gaynor, Ph.D. Nemeth (Author), K. P. Ray (Author), Maydel Morin Schexnayder

[http://www.amazon.com/Helping-Your-Angry-Child-Communicate/dp/1572243120/ref=sr\\_1\\_1?ie=UTF8&s=books&qid=1238526512&sr=1-1](http://www.amazon.com/Helping-Your-Angry-Child-Communicate/dp/1572243120/ref=sr_1_1?ie=UTF8&s=books&qid=1238526512&sr=1-1)

Value-packed Parenting, Parenting Workbook by Kevin Leman  
[http://www.amazon.com/Value-Packed-Parenting-Workbook-Kevin/dp/193337666X/ref=sr\\_1\\_1?ie=UTF8&qid=1238526466&sr=1-1](http://www.amazon.com/Value-Packed-Parenting-Workbook-Kevin/dp/193337666X/ref=sr_1_1?ie=UTF8&qid=1238526466&sr=1-1)

What Smart Students Know: Maximum Grades. Optimum Learning. Minimum Time.  
by Adam Robinson (Author)  
[http://www.amazon.com/What-Smart-Students-Know-Learning/dp/0517880857/ref=sr\\_1\\_2?ie=UTF8&s=books&qid=1238526949&sr=1-2](http://www.amazon.com/What-Smart-Students-Know-Learning/dp/0517880857/ref=sr_1_2?ie=UTF8&s=books&qid=1238526949&sr=1-2)

Study Smarter, Not Harder (Self-Counsel Business Series) (Paperback)  
by Kevin Paul  
[http://www.amazon.com/Study-Smarter-Harder-Self-Counsel-Business/dp/1551807416/ref=pd\\_sim\\_b\\_1](http://www.amazon.com/Study-Smarter-Harder-Self-Counsel-Business/dp/1551807416/ref=pd_sim_b_1)

*The 7 Habits of Highly Effective Teens Workbook* (Paperback), by Sean Covey  
[http://www.amazon.com/Habits-Highly-Effective-Personal-Workbook/dp/0743250982/ref=sr\\_1\\_1?ie=UTF8&s=books&qid=1238526284&sr=1-1](http://www.amazon.com/Habits-Highly-Effective-Personal-Workbook/dp/0743250982/ref=sr_1_1?ie=UTF8&s=books&qid=1238526284&sr=1-1)

How To Help Your Child With Homework: The Complete Guide To Encouraging Good Study Habits And Ending The Homework Wars (Paperback)  
by Jeanne Shay Schumm  
[http://www.amazon.com/How-Help-Your-Child-Homework/dp/1575421682/ref=sr\\_1\\_1?ie=UTF8&s=books&qid=1238526377&sr=1-1](http://www.amazon.com/How-Help-Your-Child-Homework/dp/1575421682/ref=sr_1_1?ie=UTF8&s=books&qid=1238526377&sr=1-1)

*Choice Theory: A New Psychology of Personal Freedom* by William Glasser

## **Parenting DVD's**

Discipline: Teaching Limits with Love  
Starring: Dr. T. Berry Brazelton  
[http://www.amazon.com/Discipline-Teaching-Dr-Berry-Brazelton/dp/B000DN5WTI/ref=sr\\_1\\_1?ie=UTF8&s=dvd&qid=1238528889&sr=8-1](http://www.amazon.com/Discipline-Teaching-Dr-Berry-Brazelton/dp/B000DN5WTI/ref=sr_1_1?ie=UTF8&s=dvd&qid=1238528889&sr=8-1)

*Ready to Learn*  
Starring: Jamie Lee Curtis; LeVar Burton Director: Rob Reiner  
[http://www.amazon.com/Ready-Learn-Jamie-Curtis-Burton/dp/B000DN5WTS/ref=sr\\_1\\_3?ie=UTF8&qid=1238528924&sr=1-3](http://www.amazon.com/Ready-Learn-Jamie-Curtis-Burton/dp/B000DN5WTS/ref=sr_1_3?ie=UTF8&qid=1238528924&sr=1-3)

*Confident Parenting DVD Curriculum Kit*  
Starring: Jim Burns Format:  
[http://www.amazon.com/Confident-Parenting-DVD-Curriculum-Kit/dp/0764205056/ref=sr\\_1\\_1?ie=UTF8&s=dvd&qid=1238528982&sr=1-1](http://www.amazon.com/Confident-Parenting-DVD-Curriculum-Kit/dp/0764205056/ref=sr_1_1?ie=UTF8&s=dvd&qid=1238528982&sr=1-1)

## **College Books**

*Rugg's Recommendations on the Colleges - 26th Edition* by Frederick E. Rugg

[http://www.amazon.com/Ruggs-Recommendations-Colleges-Frederick-Rugg/dp/1883062756/ref=sr\\_1\\_1?ie=UTF8&s=books&qid=1238525751&sr=1-1](http://www.amazon.com/Ruggs-Recommendations-Colleges-Frederick-Rugg/dp/1883062756/ref=sr_1_1?ie=UTF8&s=books&qid=1238525751&sr=1-1)

Colleges That Change Lives: 40 Schools That Will Change the Way You Think About Colleges by Loren Pope

[http://www.amazon.com/Colleges-That-Change-Lives-Schools/dp/0143037366/ref=sr\\_1\\_1?ie=UTF8&s=books&qid=1238525808&sr=1-1](http://www.amazon.com/Colleges-That-Change-Lives-Schools/dp/0143037366/ref=sr_1_1?ie=UTF8&s=books&qid=1238525808&sr=1-1)

How to Choose a College Major by Linda Landis Andrews

[http://www.amazon.com/Choose-College-Major-revised-updated/dp/007146784X/ref=sr\\_1\\_1?ie=UTF8&s=books&qid=1238525689&sr=1-1](http://www.amazon.com/Choose-College-Major-revised-updated/dp/007146784X/ref=sr_1_1?ie=UTF8&s=books&qid=1238525689&sr=1-1)

Admission Matters: What Students and Parents Need to Know About Getting Into College (Jossey Bass Education Series)

by Sally P. Springer (Author), Marion R. Franck (Author)

[http://www.amazon.com/Admission-Matters-Students-Parents-Education/dp/0787979678/ref=pd\\_bbs\\_sr\\_1?ie=UTF8&s=books&qid=1238529038&sr=8-1](http://www.amazon.com/Admission-Matters-Students-Parents-Education/dp/0787979678/ref=pd_bbs_sr_1?ie=UTF8&s=books&qid=1238529038&sr=8-1)

## **Audio Books**

[http://www.amazon.com/s/ref=nb\\_ss\\_gw?url=search-alias%3Daps&field-keywords=books+on+tape+cd+on+parenting&x=0&y=0](http://www.amazon.com/s/ref=nb_ss_gw?url=search-alias%3Daps&field-keywords=books+on+tape+cd+on+parenting&x=0&y=0)

Positive Parenting by John Gray (Audio Cassette - Dec 1, 1999)

[http://www.amazon.com/Positive-Parenting-John-Gray/dp/1559353317/ref=sr\\_1\\_3?ie=UTF8&s=books&qid=1238529124&sr=8-3](http://www.amazon.com/Positive-Parenting-John-Gray/dp/1559353317/ref=sr_1_3?ie=UTF8&s=books&qid=1238529124&sr=8-3)

Parenting With Love and Logic: Teaching Children Responsibility by W. Cline Foster and Jim Fay (Audio CD - Feb 2001) – Audiobook

[http://www.amazon.com/Parenting-Love-Logic-Teaching-Responsibility/dp/193042910X/ref=sr\\_1\\_2?ie=UTF8&s=books&qid=1238529173&sr=1-2](http://www.amazon.com/Parenting-Love-Logic-Teaching-Responsibility/dp/193042910X/ref=sr_1_2?ie=UTF8&s=books&qid=1238529173&sr=1-2)

Helicopters, Drill Sergeants and Consultants: Parenting Styles and the Messages They Send by Jim Fay (Audio CD - Feb 2001)

[http://www.amazon.com/Helicopters-Drill-Sergeants-Consultants-Parenting/dp/1930429088/ref=sr\\_1\\_1?ie=UTF8&s=books&qid=1238529213&sr=1-1](http://www.amazon.com/Helicopters-Drill-Sergeants-Consultants-Parenting/dp/1930429088/ref=sr_1_1?ie=UTF8&s=books&qid=1238529213&sr=1-1)

Common Sense Parenting Audio Book: 3rd Edition by Ray, PH.D. Burke, Bridget A. Barnes, and Ron Herron (Audio CD - Feb 12, 2009)

[http://www.amazon.com/Common-Sense-Parenting-Audio-Book/dp/1934490083/ref=sr\\_1\\_1?ie=UTF8&s=books&qid=1238529254&sr=1-1](http://www.amazon.com/Common-Sense-Parenting-Audio-Book/dp/1934490083/ref=sr_1_1?ie=UTF8&s=books&qid=1238529254&sr=1-1)

Positive Discipline Workshop 5 CD Set: An audio workshop with Jane Nelsen (Audio CD)

[http://www.amazon.com/Positive-Discipline-Workshop-CD-Set/dp/0981625037/ref=sr\\_1\\_1?ie=UTF8&qid=1238529306&sr=1-1](http://www.amazon.com/Positive-Discipline-Workshop-CD-Set/dp/0981625037/ref=sr_1_1?ie=UTF8&qid=1238529306&sr=1-1)