

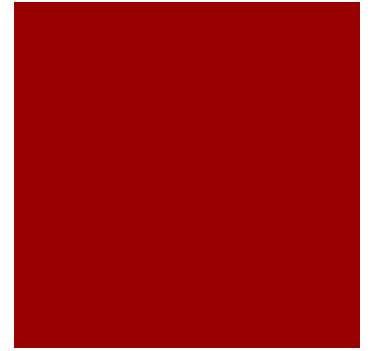


# SJHS Cheerleading

2017-2018

# Agenda

- i Welcome
- i Introduce the Coaches
- i Tryout Packet
  - i Expectations & Responsibilities
  - i Tryout Process
- i Q&A





# Welcome

i Ask WE not ME questions



# Coach Yuhara

- i Head Cheerleading Coach
- i SJHS Math Teacher
- 11+ years of cheerleading experience ranging from the high school, collegiate, and coaching
- Former SJSU Cheerleader and Assistant Coach
- 3<sup>rd</sup> year coach for San Jose High School
- Fun Fact: Coach Yuhara can still do a back tuck



# Coach Tiffany

- § Assistant Cheerleading Coach
- § Associate for an Equestrian Corporation & Student Preparing for Law School



- 10+ years of cheerleading experience that consist of participating and coaching Competitive All-Star, High School, Pop Warner, and collegiate teams.
- Former St. Mary's College Cheerleader
- Professional background is in Paralegal Work and Public Relations
- Fun Fact: Coach Tiffany enjoys horseback riding!

## Fun Fact:

Coach Tiffany and Yuhara  
cheered together in High School



# Tryout Packet

- i Expectations
- i Important Dates
- i Teacher Evaluations
- i Closed Audition
- i Tips & Tricks for Auditions



# Expectations and Responsibilities

## Cheerleader

GPA Minimum 2.0

Cheerleaders must maintain C's or better in all classes to be eligible to practice and perform.

### Time Commitment

- Summer Practice & Camp
- Fall/Spring Practice
- Football (Fall)
- Big Bone (Thanksgiving)
- Basketball (Winter)
- Competitions (Winter/Spring)
- School Sponsored Events (All Year Round at Request)
- **You are a leader in and out of uniform**





# Returning Cheerleaders



- i Tryout Information
  - i Payments Due Monday, April 24<sup>th</sup>
    - i “No Activities” List
    - i “Debt” List
    - i “No Diploma” List
  
- i Team commitments for the remaining 2017
  - i Lunch Lines
  - i Senior Rally Performance
  - i Food Fair

# Expectations and Responsibilities

## Parents

### Time Commitment

- Fundraisers
  - Snack Shack
  - Off Site Supervision
- Boosters Club
- Chaperones

### Transportation

- Games
- Competitions
- Fundraisers



# Expectations: Finances

- i Uniform \$300-600
- i Camp \$321
- i Competitions
- i Team Banquet
- i Team Equipment
- i **Payment plans are available!**



# Uniforms

- i Yes, we are getting NEW UNIFORMS!
- i No, you do not have to buy a new uniform!
- i Current Varsity Uniform: \$550+
- i **Pending** JV Uniform: \$300+

# Workshops

**Day 1 – Day 4**  
**Tuesday April 25, 2017**  
**To**  
**Friday April 28, 2017**  
**4:00p – 5:00p**

- i Material
- i 2-3 Jumps
- i 3 Sideline Cheers
- i Fight Song

\*\*\*MEET CAFETERIA BOTH DAYS\*\*\*

Wear tennis shoes and workout attire.  
No jewelry.  
Hair in a ponytail.

# Final Tryout



Saturday April 29, 2017  
10:00 am – 5:00 pm  
Cafeteria

- i Interview
- i Perform
  - i 2 Sideline Cheers
  - i 2 Jumps
  - i Fight Song
  - i Tumbling (Optional)
    - i Returners: Perform the minimum of a forward roll or cartwheel
- i Wear
  - i White t-shirt
  - i Black shorts
  - i Hair in a ponytail

# Scheduling Conflicts with Tryouts

- Video Tryout
- Please communicate with coaches for proper arrangements

# Teacher Evaluations

Evaluations must be turned in by the  
teacher/adult, NOT THE STUDENT.

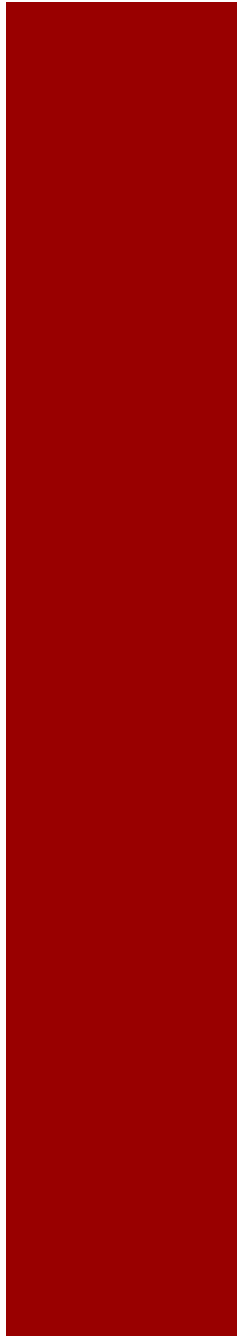
9<sup>th</sup> Evaluation should be completed by a  
previous coach, advisor, or mentor.

**WRITE YOUR IN OWN INFORMATION**



# Closed Audition

People not participating in auditions may not sit  
in on final tryouts



# Tips & Tricks

- ¡ Complete paper work early
  - ¡ Waiver
  - ¡ Student Information Form
  - ¡ Teacher Evaluations
- ¡ Research Fight Song



Questions?

